

THE CENTRAL LINE

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Missouri Emergency Nurses Association Winter 2009 Volume 25

Message from Missouri State ENA Council President Submitted December 2008



ENA State President
Helen Sandkuhl, RN,
MSN, CEN, TNS,
FAEN

During the Christmas Season my thoughts turn to a time more than 2000 years ago, on a holy night, in a humble setting, in which an infant was born. The simple story of the birth of Jesus fills a place in our hearts with gratitude.

Christmas is a time to rejoice and celebrate. As we all know, this year has been a difficult time for many of the people we know or serve in our profession. Foreclosures, layoffs, financial failures are some of the obstacles to test our faith.

As nurses, we are fortunate to be in a profession in which the need remains strong regardless of the economy. Emergency Nurses realize that they are the safety net to the uninsured and underserved. Access to healthcare will become even a greater issue than it is now, as the economy deteriorates.

I truly believe that God has created Emergency Nurses to assist him in making a difference. Our task is to see the light through the darkness and not be judgmental of those who seek our care.

On days of short staffing, no lunches, no breaks.....remember, you make a difference.

At this time of year let us give thanks and be reminded of our responsibility to serve.

Merry Christmas and God bless you and you're Families. Have a safe holiday.

Helen Sandkuhl, RN MSN CEN TNS FAEN

President, Missouri ENA



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Members: Pat Clutter

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Co-Chair: Gordon Rogers
Members: Teresa Coyne

COMPLIANCE

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Co-Chair: Joan Eberhardt
Members: Teresa Coyne
Lori Davis
Chris Hoag-Apel
Gordon Rogers

COURSE OPERATIONS

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ENPC: Cheryl Phillips
CATN: Joan Eberhardt
Members: Jeanne Fogarty
Jim Gillam
Tony Mitchell
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Members: Diane Epple
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Pat Clutter, RN CEN, FAEN
Teaching CEN Class in KC



COURSE OPERATIONS

*Helen Sandkuhl , RN MSN CEN TNS FAEN
Course Operations, Chairperson 2008*

As Course Operations Chairperson for the last several years, I would like to take this time to thank the members of this committee. Everyone has worked very hard to make this a successful year. One of our greatest successes was the nationwide 6th edition TNCC update. Missouri is in the top ten regarding the number of active TNCC Instructors in the nation and reached 90% of our instructors during the update sessions. This far exceeded many states.

As 2009 President of the Missouri ENA, I would like to turn the reins over to Chris Hoag-Apel, your 2009 Course Operations Chairperson. Chris is the Trauma Nurse Manager for Freeman Hospital in Joplin Missouri. She has been an ENA member for many years and brings a wealth of experience to this committee.

I will remain a member of this committee and will also remain available to assist any providers or instructors with classes, questions or issues regarding both ENPC and TNCC. Thank you all for your support.

Remember.....Take the courses designed by nurses.....for nurses!



Missouri State Council Meetings 2009

Saturday, February 21, Lake Regional Hospital, Osage Beach, Mo. 10:30am

Saturday, May 16, Lake Regional Hospital, Osage Beach, Mo. 10:30am

Thursday, August 13, At Combined Clinical Conference, Tantara, 4pm

Friday, November 6, Strategic Planning Session, Lake Regional Hospital, Osage Beach, Mo. 10:30am

Saturday, November 7, Lake Regional Hospital, Osage Beach, Mo. 10:30am



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Committee Reports

Injury Prevention Committee

by Lori Davis, Co-Chairperson

If you had the chance to save a life, wouldn't you act to do so? We think you would.

That's why we're asking you to support a change to Missouri's safety belt law, a change that would:

- Save approximately 90 lives and prevent over 1000 serious injuries each year;
- Save Missouri taxpayers approximately \$230 million in medical costs annually;
- Reduce Missouri Medicaid costs by over \$10 million each year;
- Qualify Missouri for an additional \$16 million in federal funds for transportation; and
- Wouldn't cost Missouri taxpayers a single dollar.

For more information about the Primary Safety Belt Partners Coalition and support materials go to the Primary Seat Belt icon at **www.savemolives.com**

Membership Committee

by Ginny Myerscough, Chairperson

The Membership Committee is happy to report that we have had another successful year. I would like to thank everyone for their help, especially my committee members. We have 185 new members in the state of Missouri this year. Our goal was to increase membership by 10% which we have done, by increasing our membership from 600 to 680 at this time. There have been those within our state that we did not retain as members, unfortunately. Kansas City Chapter was #1 in new members, St. Louis Chapter # 2, Ozark Chapter # 3, Central Chapter #4, SEMO Chapter # 5 and Crescent Chapter# 6.

ENA National Headquarters has announced the following changes for State delegates. Each state will be given one delegate for each 100 members, rather than two. This will decrease our delegates in 2009. Teresa Coyne has submitted a draft of a new one page point system for delegate application. This form along with other ideas will be presented by the committee at the February meeting.



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How Are We Protecting Our Children

by Chris Hoag-Apel, Crescent Chapter

Because you cannot always be with your children, it is important to teach them safety skills. As parents we realize the importance of discussing safety with our children but sometimes we do not know where to begin. Our goal is to teach your child about protecting him or herself. When should you start this process with your child? As soon as a child can speak in sentences. A three year old may not know what a stranger is but you can teach him or her to stay with you at all times. By four they do understand what a stranger is, so you teach them caution around unfamiliar people. You know what you want to say but starting the process sometimes is very difficult for some parents..

Here are few tips:

Speak calmly , be open and honest. Answer their questions and encourage them to come to you. Do not frighten them, your goal is prevention. Clear up misconceptions that children have. For example, strangers look different carry weapons drive old vehicles. If someone knows your name or looks nice they are friends. The majority of child abusers are friends, family members or some known acquaintances. These are people your child would trust and not fear. They can be the ones who will hurt them.

Safety Guidelines

Using a password. The creation of a “family password “that is known only by family members. Educating your child for example: someone other than you comes to pick him up from school they would use the family password. This way the child will know it is a “safe ride”. If someone does not give the password the child knows that is not a “safe ride”.

Tips for your Child:

Teach your child their full name, address and telephone number. Also teach them to dial 911 in an emergency. Keep doors locked and windows shut at all times Never open the door for strangers. If they state they are a police officer ask for a name and badge number and call the police to verify.

When answering the phone never state they are alone. Just take a message and state no one is available at present. Never ever get into a car with anyone you do not know or without your parents permission. Never accept gifts, rides or food from strangers. Use the “buddy system” when walking, especially in the evening and avoid alleys, woods, and other isolated areas. Do not hitchhike. Never approach a car if someone asks for directions or tries to talk to you. It is not rude to ignore then or run away. Never play with adults he or she does not know. Always carry enough change for an emergency telephone call or call collect. Tell someone if a stranger has approached, followed or bothered him or her in any way. Never leave your child unattended at bus stops, train stations or other public places. Be cautious of adults who play an unusual amount of attention to your child or want to spend unsupervised time with him or her. Always keep a current photo of your child and know what he or she is wearing in case of any emergency. Observe you child and listen carefully to his or her fears or concerns.

POST THESE RULES WHERE YOUR CHILD CAN EASILY READ THEM.



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Chapter Reports

Ozark Chapter

by Larry Faulkner, Secretary

During 2008, Ozark Chapter ENA went to work full force on increasing membership, educating nurses and the community about our programs, and providing injury prevention opportunities to our community. Here is a brief year in review:



2009 Officers (L to R) Pat Clutter, President; Jim Gillam, Past President; Larry Faulkner, Secretary; Jami Blackwell, President Elect. Not Pictured, Gail Carroll, Treasurer

In March, we revived our annual Bowl-A-Rama. This event is used to educate the community about ENA while having fun bowling. Awards are presented to the top 3 teams. We look forward to continuing this event on March 17, 2009, location TBA.

In May, we honored Cox South ER Nurse Kristy Tracy for ER Nurse of the year, and Cox North ER Nurse Cinnamon Jones for ER Preceptor of the Year. This took place at the annual Nursing Awards Banquet at Highland Springs Country Club in Springfield, Missouri.

Throughout the year we hosted several TNCC and ENPC courses, as well as instructor courses expanding these trauma programs throughout southwest Missouri. For our local ER Staff, we held 2 CEN Review Courses with great attendance. And for our chapter, we had 6 of our local ENA members attend the National ENA Conference in Minneapolis this year!

The holiday season kicked off with our Chapter joining several local businesses to participate in the "One for the Road" campaign. This event runs through the holiday season providing free cab rides home when a designated driver is not available. We are excited to be a part of this event.

We wrapped up a busy 2008 with our annual Christmas dinner meeting at J Bucks in Springfield. Our chapter has expanded greatly this year with 7 new active members attending meetings and participating in activities. We are excited about their involvement and welcome everyone to join us; 2009 is going to be even more exciting!

NEW EVENTS COMING IN 2009!!!

A brand **NEW** Emergency Care Conference!! This conference will focus more heavily on the medical aspects of emergency care trauma, but will also include some trauma education. This exciting new conference is one you will want to attend!

CFRN Review Course- back by popular demand. This Review Course will be held in conjunction with a CEN Review Course March 12-15 for those wishing to take both. Presented by well-known instructors, this course is sure to blow you away.

Our injury prevention focus of the year will be ATV Safety. Look for great educational opportunities regarding ATV Safety coming your way for both you and your family. Look closely, you might even see ENA on your household television!

2009 will be a wild ride. Everyone jump on board and join us in this exciting time!



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Chapter Reports

Kansas City Chapter

by Teresa Coyne, President



In celebration of Emergency Nurses Week our local ENA Awards Banquet was held Oct. 7, 2008 at North Kansas City Hospital in the Skyview Room. We had 27 applications (17 different nominees) and excellent attendance to celebrate nurse's week and honor our hard working nurses! Award winners received a plaque and flowers – photos were taken for our local newsletter and possible publication in the Nursing News.

Award winners:

- **Nurse of the Year:** Angela Banks, RN at Truman Lakewood
- **Rookie of the Year:** Sarah Terry, RN at Liberty
- **Nurse Educator/Mentor:** Linda Parrett, RN – Education Coordinator at North KC Hospital
- **Nurse Manager:** Gloria Fields, RN, DON at Truman Lakewood
- **ED Support Person:** Larry Loeffler, Paramedic at Menorah
- **EMS Personnel:** Mike Snider, Deputy Chief EMS at Liberty Fire Department

Linda Parrett and Faye Ann Hughes hosted a medical Jeopardy game. A one year ENA membership certificate was drawn from all of the nominees. This year's winner was Natalie Norlund, RN at Menorah who was nominated for "Rookie of the Year".

Pat Clutter and her husband Randy were guests from the Ozark Chapter at our banquet this year. Pat was in KC to teach our CEN review on the 7th & 8th for a class of 20 ED nurses preparing to take their CEN exam. There was a drawing to take the CEN exam (at ENA membership cost) from those attending the review course and Lois Pusateri from St. Joseph Hospital won the drawing. We will be recognizing current BCEN nurses from our area in our next local newsletter.

Faye Ann Hughes was voted to be our new chapter secretary/treasurer. Congratulations Faye!

Lori Davis & Teresa Coyne attended the Emergency Nurses Association General Assembly Meeting in Minneapolis September 23-27th as delegates for the state of Missouri.

Our December Christmas Party was held at Chappell's again this year – and it snowed again this year... 10 brave souls made it to the meeting where we planned the March 13th Spring Training Conference, finalized 2009 meeting dates & locations, committee chairs & co-chairs, reviewed our 2008 Chapter goals & priorities and planned for 2009.



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“Notice a Nurse”

submitted by Chris Hoag-Apel, Trauma Services
Supervisor Freeman Health Systems
Joplin, Missouri

Leslie Allen RN, Emergency Department Interim Director, Freeman Health Systems

Excellence is a standard that only so many people in a lifetime can achieve. Achievement of excellence comes through hard work, perseverance, loyalty, experience, humor and a desire to do good things. All of these are something that Leslie has achieved. She exemplifies these things through her dedication to the Emergency Department and to the Freeman organization.

High standards are often times misunderstood, and ethical standards even more so in a department such as the ED. However Les has managed to balance standards and ethics to a degree that is not usually achieved. Her standards are such that she is willing to go to a neighbors home to assist in lifesaving measures, comfort a family that is hurting from the loss of a loved one and hold the hand of a peer in time of distress. It is often said that you don't allow your nursing to crossover with your emotions however because of her high standards she understands that sometime lines are to be crossed. Exemplifying standards can be easy, but high ethical standards can only be exemplified by the best.

In a time of great need Leslie took a giant step and became a leader at a high cost to her personal life. She began by dedicating the time and devotion to the staff. Les realized the department needed a sound foundation to curb the turnover and to retain staff. She had the respect of the staff and physicians to assist her. In a short period of time she has not only retained staff but encouraged the return of our seasoned employees. We now are staffed with qualified and “happy” nurses.

Leslie was a new graduate who started out in the ED over 20yrs ago. She was one of the many nurses I helped to precept over the years, and the one who exemplifies the finest standards in Emergency Nursing. I can honestly say that I am proud of her and all that she has accomplished and honored to played a very small part in her life.



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Violence is a Healthcare Issue

by *Connie Brogan RN CEN SANE-A*
Missouri OVC SARRT Grant Coordinator

Emergency Nurses are taking the lead in developing and implementing forensic standards of care for all victims of violence in Missouri emergency departments. In the past 3 years, emergency nurses have been working with the Missouri Chapter of the American College of Emergency Physicians, Department of Health and Human Services, Missouri crime labs, The Missouri Coalition Against Domestic and Sexual Violence, Missouri Bureau of EMS, Missouri prosecutors, Missouri Police Chief's Association, and victims to develop and implement state, regional and local Sexual Assault Response and Resource Teams. They have also worked with these specialty groups to develop a Missouri State Protocol for the Adult/Adolescent Sexual Assault Victim. During this development process, Sexual Assault Response Centers have been developed and implemented across the state. Response, dedication and accountability have been epidemic to ensure coordinated, compassionate, competent, victim centered care for these victims of violence.

This effort has only been replicated with the development of the Missouri Trauma System.

In 2009, the Missouri Chapter of the Emergency Nurse's Association and the Kansas City Chapter of the Emergency Nurse's Association will begin awarding a Forensic Nurse of the Year Award. This nurse will recognize the dedication of the nurse who has worked with law enforcement, prosecution, medicine, nursing, victims, advocacy, public health & EMS in the development and implementation of a process to ensure coordinated, compassionate, competent, victim centered care for these victims of violence in their state, region, community and hospital(s).

■ *“Forensic Nursing is the application of nursing science to public or legal proceedings; the application of the forensic aspects of health care combined with the bio-psycho-social education of the registered nurse in the scientific investigation and treatment of trauma and/or death of victims and perpetrators of abuse, violence, criminal activity and traumatic accidents.”* International Association of Forensic Nursing, 2009.

■ **“CARE OF SEXUAL ASSAULT AND RAPE VICTIMS IN THE EMERGENCY DEPARTMENT:** *Every sexual assault and rape victim has the right to expect, and should be provided, a physical and social environment conducive to private, empathetic, and unbiased care by health care providers, family members, law enforcement officers, and members of the justice system.”* Emergency Nurse's Association Position Statement.



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“Violence Is a Healthcare Issue” IAFN 2009



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