

The Central Line

Missouri Emergency Nurses Association

Spring 2005

Volume 6



A Word From the President

Janie Schumaker, RN, BSN, CEN, CPHQ

The Emergency Nurses Association is rich with opportunities! I can't imagine a better place to learn new things and meet great people than at an ENA meeting rather it be a chapter, state or national event. I have met some incredible people in my years with ENA and am particularly proud to be affiliated with my colleagues in Missouri.

While attending the last Missouri ENA State Council meeting, it occurred to me just how many dedicated and talented people we have who are working hard to promote Emergency Nursing.

For example, Helen Sandkuhl of St. Louis, a long time ENA member has recently authored a book chapter called "Preparing staff and inactive registered nurses to manage casualties." The chapter can be found in the newly written book entitled, *Preparing Nurses for Disaster Management*. Another Missouri ENA icon, Pat Clutter of Springfield, serves as the chairperson for the National ENA Member Communications Work Group. Jim Gillam of Kansas City serves on the International TNCC Work Group. Sounds like fun doesn't it?

Long time ENA contributor Joan Eberhardt of St. Louis is currently serving on the National ENA Leadership Committee, is chairing the ENA International Relations Workgroup and is a member of the National ENA Critical Issues Committee. At the state

level, Joan serves on the State Advisory Council, is the chair of the St. Louis Regional EMS Committee, is on the board of directors for the greater St. Louis Region CISM Organization and finally is the chief nurse of the Missouri 1 Disaster Medical Assistance Team.

Janet Kaminsky of St. Louis is actively involved with nursing practice issues and serves on the National ENA Nursing Practice Committee. At the state level, Janet is the chair of the Missouri Nursing Practice Committee.

Missouri shows up when it comes to injury prevention!

Brenda Bowman of Cape Girardeau has recently been appointed by the Missouri Governor to the Southeast Missouri Regional Advisory Alcohol and Drug Awareness and Prevention Committee. In addition, Brenda serves on the Missouri Blueprint for Safer Highways Education Committee. Tiffany Strever, our immediate past president, is currently serving on the National ENA Injury Prevention Meeting. Like many states we are busy providing ENCARE programs, bicycle safety fairs and gun safety programs. In 2004, Mary Tuel of Springfield challenged our state with a Battle of the Belt competition where Emergency Nurses go to high schools to educate about and promote the usage of seat belts. The top performers are awarded

*"Emergency Room
Nurses Saving One Life
at a Time."*



Spread the News
www.ena.org
1-800-243-8362
enainfo.ena.org

Committee. Tiffiny Strever, our immediate past president, is currently serving on the National ENA Injury Prevention Meeting. Like many states we are busy providing ENCARE programs, bicycle safety fairs and gun safety programs. In 2004, Mary Tuel of Springfield challenged our state with a Battle of the Belt competition where Emergency Nurses go to high schools to educate about and promote the usage of seat belts. The top performers are awarded with monies for their proms. The competition has been hugely successful and is currently in progress for 2005 as we speak!

At the Leadership Challenge in Fort Lauderdale this year, I was invited to be a speaker. I also have the privilege of serving as an item writer for the Certified Emergency Nurse Examination. The experience I have gained from these activities is invaluable and I know I am making a difference. As the Missouri State President, I am also learning communication skills, meeting facilitation, and leadership skills. Where else can you have this much fun, make a difference and add skills to you toolbox as you go?

In closing, I would like to thank my colleagues across the nation and particularly in my own state of Missouri. All of us lead busy lives but can always find the time to do the things we are passionate about. If getting more involved sounds like something you would like to consider, I urge you to contact your state or chapter president for more information. ENA is a force to be reckoned with and will only get stronger with everyone's participation.

Janie Schumaker, RN, BSN, CEN, CPHQ
President, Missouri Emergency Nurses Association
Janie.schumaker@tmcmed.org

State Council Members To Be Inducted into the Acedemy of Emergency Nursing in Nashville!

The Academy of Emergency the ENA Board of Directors to contributions to the emergency Meeting in Nashville this fall, three Nurses will receive the honor of They are Joan S. Eberhardt of St. Louis, and Patricia L. Clutter of this ceremony if you are in Nash- members who are receiving this high honor!

*"The high road to service
is traveled with integrity,
compassion and
understanding."*

Nursing was constituted in 2004 by honor emergency nurses for their nursing profession. At the Annual of our own Missouri Emergency being inducted into the Acedemy. Louis, Helen P. Sandkuhl of St. Strafford. Please be sure to attend ville and help honor our Missouri



Spread the News
www.ena.org
1-800-243-8362
enainfo.ena.org

Surprise!

Find your name hidden in this newsletter and receive a free blockbuster movie rental!

To redeem contact
Janie Schumaker at
rschumaker@kc.rr.com

Lake Regional Hospital

Thursday August 11th @
3:45pm

Next State Council Meeting

FIRST TIME ATTENDEES

RECEIVE WELCOME
GIFT!

Lula Johnson

Missouri State Council Creates Balanced Score Card In Conjunction With 2005 Strategic Plan

In February of this year, 22 state council members attended the strategic planning session. A turnout of 22 is excellent and much was accomplished that day given the talent in the room. Take a look at some of the goals the State Council is working toward as the voice of Emergency Nursing in Missouri!

Education and Outreach

- Execute CEN Exam Review Course by July 2005
- Execute Disaster Preparedness Course by July 2005

Government Affairs

- Participate in promoting and supporting booster seat legislation. Partner with ACEP, MEMSA ,etc.
- Participate in promoting successful outcome for helmet law. Partner with ACEP, MEMSA, AORN, OPO,etc.

Nursing and Advanced Practice

- Continue representation on MONA
- Develop liaison relationship with MO State Board of Nursing
- Participate in supporting SB-90 APN prescriptions
- Participate in HB-85 Good Samaritan Law
- Share information for professional practice activities

Information Sharing

- Mail newsletter quarterly
- Maintain up-to-date website (MissouriENA.org)
- Publish at least twice in the ENA Connection

Trauma

- Successfully complete next TNCC update
- Expand outreach to NW Missouri
- Complete 10 instructor courses in 2005

Injury Prevention

- Collect 100% of all injury prevention information
- Increase injury prevention numbers by 50%
- Partner with MODOT in executing Battle of the Belt
- Execute 20 Docu-Dramas state-wide
- Complete 5 drunk driver trials state-wide

Membership

- Increase membership by 15% in 2005
- Retain current membership
- Random member recognition
- Execute awards ceremony at annual membership meeting
- Provide delegates to the General Assembly

Combined Clinical Conference

- Increase nursing participation by 25 people
- Provide one CCC scholarship per chapter
- Use ENA members as speakers at the CCC

Marketing and Special Projects

- Execute ENA fun night at CCC - goal of 135 attendees
- Provide ENA booth at CCC
- Host a boat cruise at CCC for nurses
- Mail marketing brochures to all members

Pediatrics

- Complete 10 ENPC Instructor Courses
- Pursue ENPC grant with MONA
- Expand ENPC to NW and SE Missouri

*"He who doesn't climb the
mountain cannot see the
view"*



As we completed our strategic planning session this year, the National ENA office challenged all states to achieve measurable goals and to create a balanced scorecard. I am pleased to tell you that Missouri ENA is among the first of the 50 states to create a balanced score card that gives a quick view of how we are doing reaching our goals. This tool is very helpful because it is easy to write goals! Not so easy to accomplish them! The score card will be reviewed and updated at each state council meeting in an effort to keep us on track. The score card utilizes a stop light methodology. In other words, green is good, yellow means we need some work but are getting there, and red means we are not in the ballpark. I regret that I cannot put the scorecard in the newsletter, however, if you would like a copy, please email me and I will send it your way. I am pleased to report that there are only 3 red lights on our scorecard at this time!



Spread the News
www.ena.org
1-800-243-8362
enainfo.ena.org

Membership by Ginny Myerscough

I would like everyone who is a member to recruit at least one new member this year. We could double our membership if we did this. We are doing great with our membership. It's higher than it has ever been. A questionnaire will be going out soon, and I hope everyone will return it. Thanks, Ginny Myerscough



Reflections on the Hands of a Nurse

Let us take a moment to remember our hands.

For these are no ordinary hands.

These are the hands of a nurse.

These are the hands that help us do our work.

These are the hands that carry out the skills that make nursing possible.

Let us remember our hands and be grateful for what they do

For the eyes may see, the mouth may speak but it is the hands that hold, the hands that heal, the hands that give the caring touch.

These are the hands that feel the first breath of a new born child,

These are the hands that feel the last breath of a dying one

These are the hands that hold a family, who has just lost a loved one, These are the hands that clap for joy at the healing of a disease. These are the hands that insert tubes that bring healing to the body

These are the hands that touch a forehead and tell, within a degree, normal or febrile.

These are the hands that feel a pulse and know fast or slow, weak or strong, effective or for naught.

These are the hands that restrain the angry from self-harm

These are the hands that compress the sternum to bring life

These are the hands that clean unspeakable places on another person's body but do so with dignity and respect which allow that person to feel like a human being.

These are also the hands of different people not just black or white, brown or yellow but all.

These are not the hands of male or female but both.

Other hands may build buildings or write books Some hands may even pull the trigger or plunge the knife but these are the hands of life.

These are the hands that take up the task passed down from so long ago—to bring healing to the sick, comfort to the afflicted, hope to the hopeless

But these are not the hands of timid maidens who look for direction outside themselves

These are also the hands that can be clenched because sometimes some thing has got to change.

These are the hands of a nurse

These are the hands that have the privilege of being at the bedside

For these are the hands of a nurse, the hands of a person that does a job that not everyone can do.

These are the hands of a nurse, the hands of strength compassion and love

These are the hands of a nurse,



These are your hands.



Please join us for the Combined Clinical Conference!

This is a can't miss event. Great speakers, beautiful scenery, ENA fun night, boat cruise, vendors with free stuff, great food and Networking. Need information? Contact Janie Schumaker at rschumaker@kc.rr.com

The Combined Clinical Conference will be held on August 9-12

The ENA annual membership meeting is August 11th at 3:45pm.

Spread the News
www.ena.org
1-800-243-8362
enainfo.ena.org

State Meeting Schedule for 2005:

- ◆ August 11, 2005 at Tan-Tar-A 3:45pm
 - ◆ November 5, 2005 10:00am
- Please contact Janie Schumaker for more information.
rschumaker@kc.rr.com State meetings are a great experience
and new faces are always welcomed!

WELCOME GIFT FOR ALL FIRST TIME STATE MEETING ATTENDEES!

STATE COUNCIL OFFICERS:

President: Janie Schumaker - rschumaker@kc.rr.com

President elect: Joan Eberhardt - Joan_Eberhardt@ssmhc.com

Secretary: Gordon Rogers - grogersrn@yahoo.com

Treasurer: Helen Sandkuhl - helen.sandkuhl@tenetstl.com

Immediate Past President: Tiffany Strever - tiffany.strever@tmcmed.org



Spread the News
www.ena.org
1-800-243-8362
enainfo.ena.org