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ENA State President
 Helen Sandkuhl, RN,
 MSN, CEN, TNS,
 FAEN

Message from Missouri State ENA Council President

Helen Sandkuhl, RN MSN CEN TNS FAEN

“Are We Ready for H1N1?”

This has not been a typical summer in the United States in regards to influenza. The usual hiatus when the flu is typically non-existent has not occurred. This year the flu season has continued over the summer in the Northern Hemisphere.

In the Southern Hemisphere, the novel H1N1 virus is the dominant strain, concomitant with seasonal influenza that typically occurs at this time annually in this part of the world.

In the US, we have seen continued outbreaks of the H1N1 virus in both summer camps and military bases. Twenty states are still showing wide-spread influenza activity. Schools will soon begin to open in the next couple of weeks and we will not be prepared for the spike in the number of cases that we will see.

A vaccine is months away from fruition. Fortunately, Saint Louis University is one of eight sites in the country that is participating in the H1N1 flu vaccine trials. The university provides medical direction for our hospital, Saint Louis University Hospital. Over 500 volunteers in the St. Louis area have applied to participate in the trial.

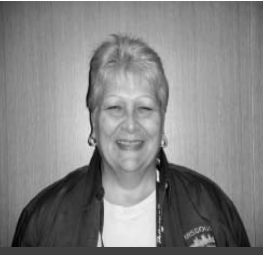
Each year scientists try to predict which strains of flu viruses will get past around each season. They look at previous viruses, past predictions, weather patterns and world-wide influenza activity to come up with a vaccine.

This year will be quite different. Instead of the annual vaccine for influenza, in addition, the H1N1 vaccine should be available by mid-October. This vaccine may require one or possibly two injections versus the single injection we get for annual flu shots. The trials will tell.

We all know that the manpower involved with administering one injection is tedious at best but to administer and track 2 injections per patient can be a challenge.

Vaccines usually take years to research and develop before becoming available to the public. This novel virus has sickened more than 40,000 Americans since April of this year. Most people seem to have little or no immunity to this strain. The FDA, CDC and NIH are working hard to get a safe vaccine through the appropriate research process in order to have a vaccine available for this fall. (Continued on page 2)





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“Are We Ready for H1N1?”

(Continued from page 1)

Some Suggestions from Our Colleagues

Good Communication:

Develop a trusted source for communicating with your patients, families, staff and community.

Review Your Pandemic Plan:

Is Your Plan Up –to-date? What are your triggers to activate your plan?

Look at Your Sick Time Policies:

Outside of the US, it has been reported that our close neighbors in Canada are seeing huge increases in H1N1 related employee absenteeism. Many Emergency Departments have also been inundated with people wanting return to work notes.

Supply Interruptions:

Plan for supply chain interruptions this fall. Many of us use the just-in-time delivery system in which there is no extra inventory to carry us through supply delays.

And Most Important:

Practices good respiratory etiquette and hand washing.



GOVERNMENT AFFAIRS COMMITTEE

Carol Pettit, Chairperson

The State of Missouri will begin working again on Primary Seatbelt Law and Graduated Drivers Licence Bill. We also need to be watching for the helmet law to resurface. Nationally, Violence in the ED, H1N1 and Healthcare Reform will keep everyone busy for the next several months.



“Notice a Nurse”

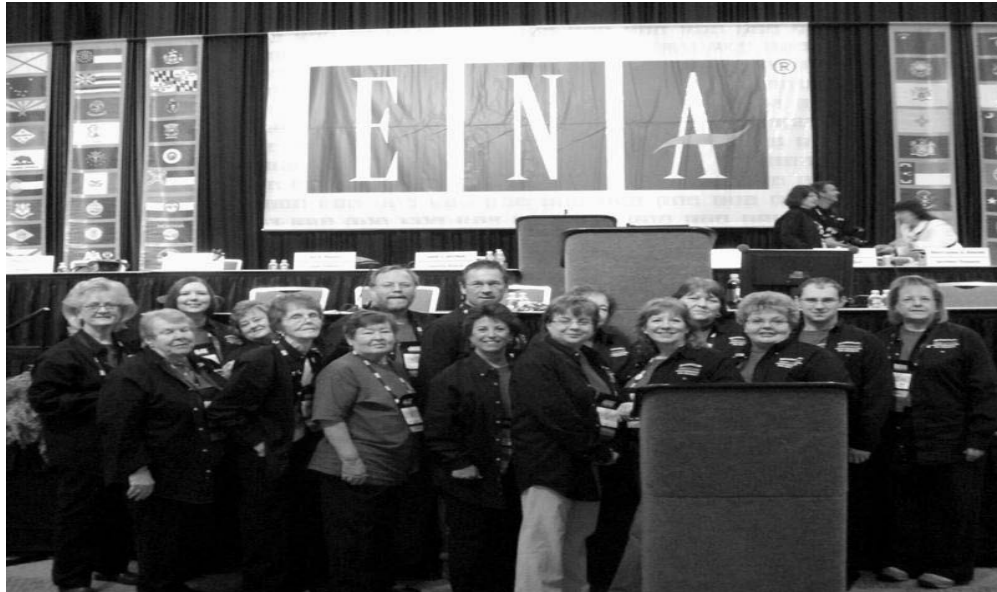
(Continued from page 10) The success of our program comes not only from our extensive training, but from our collaboration with local community agencies. Agencies such as law enforcement, prosecutors, victim advocates, family violence centers, crime lab personnel, child advocacy centers, bikers against child abuse (BACA), social service workers and local health departments help us to provide the best care possible for the patient during and after their visit to the Emergency Department. We are also active participants in the Sexual Assault Regional Response Team (SARRT), which consists of members of community organizations from 26 counties in Southwest Missouri, who meet monthly to discuss issues regarding sexual assault victims, and how each agency can help.

Since January 2009, our nurses have provided care to over 100 victims of all ages, races, ethnic groups and socioeconomic status. We strive to provide exceptional care to all victims of assault by continuous education of ourselves, our co-workers and our community. Our group meets monthly and completes quality assurance on every chart for program statistics and continuity of care.

Unfortunately violence is a problem that is never going away, but with increased awareness and the development of more SANE programs in Emergency Departments, these victims will be able to receive the care they deserve.



San Antonio, Texas, September 2010



*Missouri State Delegates at ENA General Assembly
Baltimore, Maryland October 2009*



“Notice a Nurse”

It is the goal of Missouri ENA to notice a special Emergency Nurses in each of our newsletters. This recognition is rotated among each of our 6 chapters. If you are interested in recognizing special ER nurses, please contact the chapter president in your area. Contact information may be found on our website at www.missourierna.org.

Ozark Chapter

by Cortni Stratton, RN, BSN, SANE

With the incidence of domestic violence and sexual assault on the rise, Emergency Departments across the nation are being urged to address the need for a Sexual Assault Nurse Examiner (SANE) program. A Sexual Assault Nurse Examiner is an RN specially trained with advanced education and clinical preparation in forensic nursing. They care for victims of domestic violence, child abuse, elder abuse, sexual assault and human trafficking.

The SANE’s role includes a thorough assessment for injuries, forensic evidence collection, extensive documentation of events, evidence preservation, evaluation and treatment for sexually transmitted disease and pregnancy, crisis intervention, providing referral and follow-up information, and expert testimony in court. This program meets the standard of care and guidelines published by the Department of Justice, the Joint Commission, Emergency Nurse Association and International Association of Forensic Nurses.



The first SANE program was started in Minnesota in 1976, by 1999 there were only 20 comprehensive SANE programs in the United States. In November of 2008, Cox Health in Springfield, Missouri was the first in the southwest region to develop a comprehensive SANE program. This program consists of fifteen RN’s that provide care to sexual assault patients 24 hours a day, 7 days a week. The purpose of our program is to provide expert and professional examination and care to sexual assault victims and their families through professional development, extensive training and comprehensive holistic care. We operate under the guidance of a Medical Director who has approved specific policies and procedures for us to follow. Our group of SANE trained RN’s included nurses from both Cox South and Cox North Emergency Departments. The current members are Alice Beshears, Jeani Buckley, Jennifer Burk, Gail Carroll, Janet Chandler, Kimberly Chastain, Jaclyn Curnutt, Rachelle Hawks, Chandra Hazen, Amy Helton, Marti Peterson, Amy Pirtle, Cortni Stratton, Ashley VanHorn and Judy Wilson. (Continued on next page)



MEMBERSHIP COMMITTEE

by Ginny Myerscough, Chairperson

The Membership Committee had a very busy summer! Our June membership drive was extremely successful as we recruited over 100 new members. This drive made it possible for these members to join the Emergency Nurses Association at a cost of only \$51. The additional \$45 of the \$96 membership fee was paid by the National and State Associations along with the local chapters. Below are those new ENA members that took advantage of these cost savings.

St. Louis Chapter Area:

Dawn Wotawa Bennett, Doug Gibson, Shelly Zimmerman, Amanda Weathers, Carrie Ballance, Krista Vincent, Jennifer Early, Deb Weingartner, Deb Baysinger, Kelly Patrick, Jeff Lovejoy, Sherry Weibrecht, Jamie Hoerman, Laura Wagner, Jennifer Meek, Sabrina Jung, Jan Vannoy, Sybil Murray, Jenn Jarvis, Jennifer Potts, Bill Reed, Carolyn Wright, Kim Cronin, Kim Smithee, Casie McMaster, Shannon Oaks, Lauren McLaughlin, Nancy Hamburg, Stephanie Austermann, Andrea Calcaterra, George Mihaljevic, Susan Jaber, Jill Young, Michelle Meyers, Samantha Knudtson, Kelly Greer, Kristina Schilling, Karen Kuebrich, Heather Moon, Rebecca L. Spencer, David Cunningham, Charlita Dunn, JoAnne Costantinou, Judy Kennedy, Debora Coward, Robert Hall, Julie Rich, Katie Stroh, Tabitha Braun, Lisa Isenberg, Debra Henderson, Debra Parran, Shannon Miller, Lucy Burke

Kansas City Chapter Area:

Crystal Goucher, Dawn Childs, Michael McGee, Shirley Shewmaker, Belinda Rash, Gloria Fields, Linda Burns, Clay Salmon, Marcella Smith, Lina Moreno Zubiri-Sequerra, Suzanne Mazer, Teresa Munley, Terri Liles, Diana Alicea-Hughes, Heather Lembke, Lisa Brewer, Yvonne Leners, Jason Potts, Lori Robertson, Rebecca Hoffman, Tamara Tomes, ZoAnna Foley, Angela McElroy, Yanny Ouk, Laura Klindt, Tamara Braley, Angela Stewart, Stephanie See, Mary Schroeder, Beth Schoening, Amy Gann, Jessica Bondurant, Vicki OConner-Trusty, Elizabeth Ann Mulvenon, Tara Neely, Rhonda Cornejo, Tyler Kreutner, Shelly Slahck, Sean Smith, Jacqueline Myers

Ozark Chapter Area:

Misty Denevan, Bethany Mizell, Marti Peterson, Jeani Buckley, Amy Helton, Mickey Stout, Mandy Crouse Sara Propst, Steve Wilson, Trina Hargis, Julie Patterson, Tom Manary, Monica Suma



The Membership Committee would like to thank all of those that helped make this an extremely successful campaign!

Even with this great news, we are still concerned that we have approximately 40 members that expire each month and may not renew, even though we send out reminders. The membership committee is looking at ways to keep our current members along with ways to recruit new members.



23rd Annual Combined Clinical Conference on Emergency Care

Joan Eberhardt, RN, BSN, MA, CCRN, TNS, FAEN

Missouri ENA (MOENA) is pleased to report another successful Combined Clinical Conference at Tan-Tar-A in August. MOENA is one of the four sponsors for the conference, along with MOCEP, MEMSA and the MAA. Although the recession somewhat decreased the number of overall attendees, I'm happy to report the number of nurses attending increased. The speakers and presentations were, as always, top notch.

National speaker and ENA member, Cindy Lefton, RN presented the opening session, "Yes We Do!" -celebrating the difference emergency care providers make in the lives of patients. Norma Heuer, RN and Karie Pearce, RN, both National ENA speakers and members presented dynamic and interesting topics with rooms filled to capacity. Lt. Col. Bill White, RN also a national speaker and ENA member presented interesting and fact filled information based on his Iraq experiences. In addition, MOENA was much honored to have our National ENA president, Bill Briggs, in attendance as a speaker and participant. Bill also attended the MOENA Awards Dinner and Cruise, following the annual membership meeting at the Lake. It was a great opportunity for everyone to personally meet and speak with him firsthand.

The Annual Awards Dinner Cruise was an experience enjoyed by all who attended. We added an additional 25 persons to the cruise this year and were filled to capacity. The 2009 award honors were presented and can be seen on the next page.

MOENA congratulates each of the awardees for their expertise. It's an honor to be recognized and nominated by one's colleagues and peers for these special awards. And it's our special honor to be able to recognize each recipient for the dedication to their profession.

The continuing education hours have been mailed out to all nurses who attended the August conference. They will be maintained on record for three years, after which time they will be eliminated. We are in the process of identifying speakers for the 2010 conference. If you should have any recommendations for future speakers, please contact me at joaneberhardt@yahoo.com.



Kansas City Chapter

by Teresa Coyne, President

Kevin Myers from St. Luke's Plaza was voted in as our new President-Elect at the August meeting. Congratulations Kevin!

Tasha Crawford and Faye Anne Hughes won the drawings for free registration to the CCC and Lori Davis received a scholarship to cover the registration fee for the CCC.

The Kansas City Area won 3 State Awards this year: Cheryl Phillips, Director of Liberty Hospital ED, won State ENA nurse of the year! Kathleen Hitchcock, from St. Luke's Northland, won the state Forensic Award (SANE)! Jennifer Aiken from Centerpoint won the State ENA Clinical Practice Award! Thank you all for your excellent representation of emergency nursing for the KC area!

Jen Busby is our new Injury Prevention chairperson. She is active in injury prevention and has many excellent ideas and suggestions. She is involved in 'Destination Safe', 'Battle of the Belt', and other injury prevention initiatives through ENA, MTS, as well as some international networking. We are looking at partnering with other groups for injury prevention programs.

The Kansas City Chapter ENA membership drive was a huge success! We had 40 new members take advantage of the opportunity to join ENA for \$51.00! This was a joint discount venture by national, state, and local ENA to offer ENA memberships for the low price of \$51. As a result, Cheryl and Teresa received free registrations to the Baltimore National ENA Conference.

Our 3rd annual CEN review with Pat Clutter was held September 29-30, 2009. We had 12 participants. Mike Eaton won the drawing for the cost to take the CEN exam (at ENA member cost). We will have an ENPC Instructor Course Saturday, January 9, 2010.

The Greater KC ENA Awards Banquet was held Oct. 14th at North Kansas City Hospital. We had approximately 38 people attend the banquet with 38 nominations for awards (25 different nominees from 7 different hospitals: Liberty, Research, St. Luke's: Plaza & Northland, Truman Medical Center: Lakewood and Hospital Hill, & Centerpoint.) Congratulations to all the nominees and winners!!



Pictured above from left to right are the 2009 KC Award Winners

Nurse Educator/Mentor Award (co-winner) Linda Dunalewicz, RN – Research Medical Center

Emergency Nurse of the Year Award: Terry Duffy, RN Charge Nurse – Research Medical Center

Forensic Nurse of the Year Award: Kathleen Hitchcock-Brackney RN, SANE-A -Forensic Program Coordinator -Saint Luke's Northland

Nurse Educator/Mentor Award (co-winner) Kim Torres, RN, shift coordinator - St. Luke's Plaza

Nursing Leadership Award: Denise Mogg, RN, MSN - St. Luke's Plaza

ED Support Person of the Year Award: Beth King, Unit Secretary - Research Medical Center

Rookie of the Year Award: Paul Murdock, RN, BSN - Centerpoint Medical Center



CHAPTER REPORTS

Ozark Chapter

by Larry Faulkner, Secretary

Exciting Times...Exciting Places....Thank You Baltimore!

The Ozark Chapter had 5 members attend the ENA National Conference held in Baltimore. Three of those members represented their chapter during the 2009 General Assembly. During this assembly, delegates from all 50 states join together to help determine the future of ENA. The future looks exciting!



Currently the conference committee, led by Jami Blackwell (pictured above), is working on an exciting Emergency Care Conference. This conference was originally planned for October 2009 but had to be postponed until early next year. We are currently evaluating dates so be on the lookout for a brochure coming soon to an ER near you!

The chapter provided cakes to area hospitals in recognition for Emergency Nurse's Week. Thank you to everyone for all their hard work- we appreciate everything you do.

We have also decided to participate in the One-For-The-Road campaign again this year. This was very successful for us last year, and we are pleased to be a part again.

We are excited to announce that we signed up 13 new members during the membership drive!! We would like to welcome those new members and invite them to our next meeting. For more information on meeting dates and times, please check out our website.

www.OZARKENA.org



Missouri Emergency Nurses Association

2009 Award Winners



Cheryl Phillips, RN
Liberty Hospital, KC
Emergency Nurse of the Year



Samar Muzaffar, MD
Missouri EMS Medical Director
Special Recognition for TCD



Jennifer Aiken, RN
CenterPoint, KC
Clinical Practice



Jami Blackwell, RN
Cox Hospital, Springfield
Community Service



Carrie Broekhoven, RN
St. John's, Springfield
ER Educator of the Year



Kathleen Hitchcock Brackney, RN
St. Luke's Northland, KC
Forensics Nurse of the Year

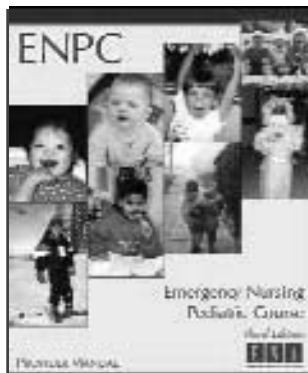


Sharon Monical
Mo Baptist Hospital, St Louis
Nursing Leadership



Brenda Schaefer
St. Louis City EMS
Presented posthumously to Brenda's mother

Not pictured:
Lindsey Andrews, MD
Heartland Health, St. Joseph
ER Physician of the Year



COURSE OPERATIONS COMMITTEE

Chris Hoag-Apel , RN, MSN, TS, Chairperson

This has been an interesting quarter. Believe it or not, we have had few major issues to deal with. I want to thank all the faculty for the help they have given me.

As a state, we continue to provide both TNCC/ENPC courses along with CATN. These courses are keeping our faculty and instructors busy along, with their other responsibilities.

I am pleased to announce that the State of Missouri has been given a \$25,000.00 grant to provide ENPC to areas/facilities that would benefit from this education. Access to this grant money will be communicated on the web-site as soon as more information is available.

Please continue to send your Instructor Potential Candidate paperwork to me. If you have any issues concerning your courses, please e-mail or call. All our faculty are listed on the website for your convenience.



ENA Injury Prevention Institute/EN CARE

Changing behavior. Saving lives.

INJURY PREVENTION COMMITTEE

by Lori Davis, Co-Chairperson

Drivers under the age of 21 will be banned from texting while driving according to a new law recently signed by Missouri Governor Jay Nixon. The law took affect in August 2009 and carries a fine of up to \$200 and two points assessed against a Missouri driver's license.

State Law Officers agree that a large number of accidents are caused by the 16-21 age group, but feel the law might be difficult to enforce. The law enforcement officer can check phone records to see what a driver was doing at the time of the accident, but identifying who is texting while driving down the road might be more difficult.

Missouri had 451 cell phone related crashes involving 15-19 year olds last year, the most since 2003. Four were fatal, including a fiery crash in northeast Missouri in September that killed two. Recently, a 25 year old man driving on Interstate 29 apparently was texting when he slammed into the back of a patrol car, knocking it into another squad car. Two officers where sent to the hospital with injuries.

Driver inattention is the number one reason for car accidents in Missouri. This includes putting on makeup, reading and texting.

Teenagers have less experience driving, although they may be more experience texting, and that can cause an accident.

The number one reason 16-25 year olds die out there is because of car crashes.



CHAPTER REPORTS

St. Louis Chapter

by Carol Pettit, President

St. Louis Chapter held elections for the next year. In coming President is Joan Eberhardt, President-elect is Jeanne Fogarty, Secretary is Jan Kaminski, Treasurer is Ginny Myerscough and Past President is Carol Pettit.

Six members from St. Louis were among the 14 delegates from Missouri in Baltimore for the ENA General Assembly, included were JoAnn Coogan, Joan Eberhardt, Jeanne Fogarty, Ginny Myerscough, Carol Pettit and Helen Sandkuhl. Taking part in the business of the organization by helping to revise by-laws which govern ENA and discussing resolutions which impact the future is an awesome experience.

October 14th the St. Louis Chapter held it's 14th annual ED Nurses Awards Banquet. About 90 people enjoyed a wonderful dinner followed by the awards this years recipients were Paramedic of the Year: Doug Clark, Rookie: Andrea Alameda, Forensic Nurse: Sandi Miederhoff, Leadership: Kelly Beaver, Clinical Practice: Kim Cronin, Nurse Educator Judy Marlow and Nurse of the Year, Lacy Bach.

Central Chapter

by Donna Pond, President

Our most recent meeting was on Emergency Nurses Day, October 14th. A dinner and educational offering was provided by Sanofi-Aventis U.S. Inc, Diane Hobbs, Senior Medical Center Representative. Dr. Char

the Director of the Emergency Medicine Residency Program at Washington University, Barnes-Jewish Medical Center spoke on STEMI: Percutaneous Cardiac Angioplasty and Thrombolytics. There were approximately 18 in attendance with representation from Columbia Regional Hospital, Harry S. Truman Veterans Hospital, Cooper County Hospital and University of Missouri Healthcare. There were many positive comments on Dr. Char's presentation, as well as the excellent food at C.C. City Broiler Steakhouse. It was so well received, that plans are in the works for a repeat of this offering Emergency Nurses Day 2010. A brief business meeting was conducted and elections were held. Donna Pond was elected president, Lesli Ehlmann was voted to be president-elect, and Gordon Rogers will return as secretary-treasurer. Our next meeting will be on December 3rd @ 1730—location—Houlahan's Restaurant, East Broadway, Columbia MO.

SEMO Chapter

by Angela Selzer, Secretary

Our last meeting was on August 12, 2009. A nurse practitioner spoke on Hepatitis C signs, symptoms, labs, precautions, and treatment options. In September, some of our ENA members participated by walking in the SEMO District Parade and wearing Arrive Alive/ Buckle Up shirts and passing out candy.

Our next meeting is October 12, 2009. A lecture will be given on Stroke by Dr. Koonze sponsored by Southeast Missouri Hospital.

The Region E disaster committee cancelled the October DisasterDrill. This is to be rescheduled.

We offered TNCC classes on Oct 9 and 10th.

